2016 Legacy Newsletter

## "The race is not always to the swift, but to those who keep on running."

**The Viator Vet
(Loquacious Legacy?)
Jack Lippincott**

T his could be the time for some of us more MATURE Legacy marathoners to consider moving down to the HALF marathon. Our legs are definitely beginning to feel those 10, 20, or WHATEVER finishes over the years.

Why, oh why, do we "26'ers" keep pushing forward? Anyone have the answer? Anyone? Oooh-kay - I thought not.

The logic has me stumped as well. I guess we have to admit that there never was any logic to what we did, when we decided not to just use our first marathon finish as a checkmark on a bucket list, and then go climb Mt. Kilimanjaro, instead of doing that darned run again. We could have just gone sky-diving, or what-EVER! Just gotta admit that we somehow fell in love with the challenge, and the terrific feelings of accomplishment, that are associated with doing each and every marathon. Could we possibly just get past those great feelings?

See you on the roads, all you roadrunners...
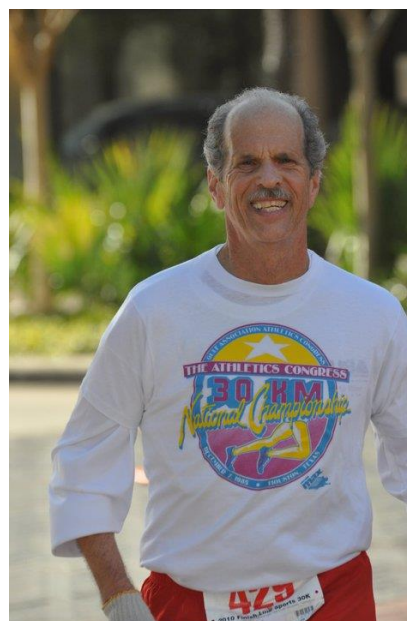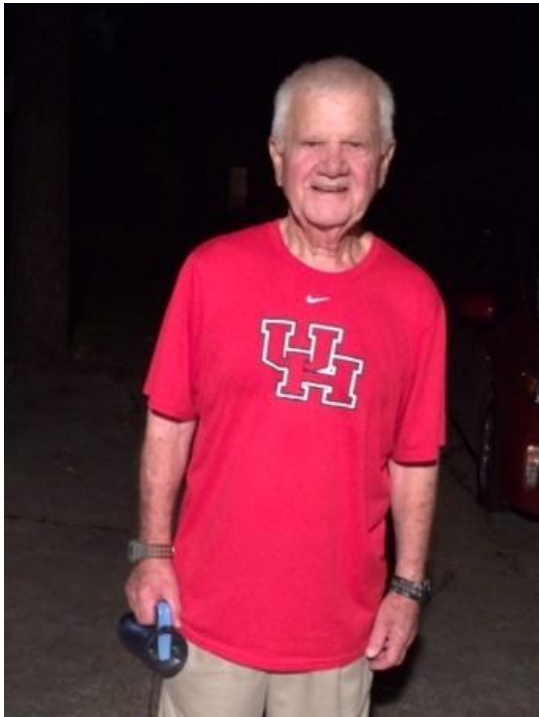
Arlen Isham
Chief Cut & Paste Guy

I started writing the Houston Marathon Legacy (then Veterans) newsletter in 1998. In 1999, 2000 and 2002, there were two newsletters. This will be the 19th year. Those newsletters can be found on the Legacy website and the most recent newsletters are also on the Houston Marathon website. Jack Lippincott provides the lead article under his title of "Viator Vet", which is a short v ersion of the term we used, because he validated all the new Legacy runners through the years from his paper copies of the results. Until last year, I would do this newsletter in a Publisher format, which was emailed to Legacy runners, quite often late in the year, because it was a significant task for me. The marathon office started last year using the information I provided (thus the title; cut and paste guy) to do a format that will get this information to our Legacy runners much quicker. My thanks to their staff.

For years, our 10 year plus Legacy runners would pick up their free long sleeved legacy shirts at the EXPO, which became an impossible task as the number of Legacy runners increased through the years resulting in 15, 20, 25, 30, 35, and now 40 year Legacy levels. Now the marathon office website will take your orders and arrange for the free long sleeved shirts after you achieve that level in a couple months after the race, rather than waiting until the next year. If you want to order and pay for a long sleeved shirt or a monogrammed golf shirt, they can also do that on the Houston Marathon website. A new feature with this program is the exact number of stripes, such as 36 in my case, if I bought one.

This newsletter is now recognizing a new level of legacy runner. We have added the half marathon legacy results, similar to the marathon legacy results. We also recognize four "Double Legacy" runners. Our thanks to Dalton Pulsipher, who manages the Legacy website and provides this amazing summary of information. You can also see the new Legacy half marathon perks, which are similar to the marathon perks in terms of registration. Since we are recognizing half marathon Legacy runners, I am introducing Skippy Collins, who will be writing for the half marathon runners, similar to Jack Lippincott for the marathon. Also welcome Susan Sternberg, who also will be commenting on behalf of our half marathon runners. Susan is a real writer as compared to me.

Half Marathon Legacy Leaders

**Running Since B.C.
(Before Chips)**

Nathaniel "Skippy" Collins is a double Legacy runner, because of family, wife Jayne, & friends. Arlen Isham got me started running marathons, and now June Harris and Vicki Jones are keeping me going, including running half marathons. Because I am visually impaired, my early morning friends are helpful. THEN, at least one million volunteers at the races over the years (would not be any races without them) are big contributors if anyone wants to have a title of "Legacy". I tip my Hat to all volunteers.

The double legacy moniker came about accidentally, because I ran my first of ten Houston Marathons in 1980. After the 1995 Houston Marathon, I ran the first Houston Half Marathon in

2002 and every one since for a total of 15.

I remember once when Arlen took a group of eight to the Crescent City Classic in New Orleans and we all stayed in one room. I did start running in B. C. (Before Chips). The number of participants in my age group has steadily declined. That is unfortunate, because running is a healthy habit. I hope to add commentary each year as the longest half marathon legacy runner. Thanks for the memories.

Susan Sternberg

Want a snazzy, new running cap? Just complete 10 Aramco Houston Half Marathons! And the best part? It's free!

Now that the half marathon has proven itself to be a worthy companion to the long-running Chevron Houston Marathon, Legacy Runner perks are available for those who have completed at least 10 of the shorter distance. Like with the marathon, half marathon Legacy Runners may register early for next year's race beginning with guaranteed registration on May 5 and continuing through November 1, 2016. Register by the latter date to receive a special Legacy bib for race day.

Looking ahead to the future, half-marathon Legacy Runners who complete their 25th race will receive a complimentary entry for the following year. Upon completion of 30 Aramco Houston Half Marathons, all future race registration fees will be waived. Remember that free cap? Halfers can earn another one on every fifth anniversary following their tenth race (e.g., 15th, 20th, etc.).

Check out **http://www.chevronhoustonmarathon.com/participants/legacy/** for more information.

2016 Legacy Runners

The 2016 Elite Race: Ethiopia Wins Three of Four Titles

HOUSTON (January 17, 2016) - A record-setting day saw Ethiopians win three of four titles, including a sweep of the men's and women's Chevron Houston Marathon. Fast times, course records, and hoopla have always been the annual story lines at the Chevron Houston Marathon and Aramco Houston Half Marathon and this year's actors, including the weather and some great racing, didn't disappoint.

Chevron Houston Marathon

What started off as runaways in the Chevron Houston Marathon by Poland's Artur Kozlowski and Australia's Lisa Weightman, turned into a pair of Ethiopian victories.

Last year's men's runner-up Gebo Burka passed Kozlowski after the 35K mark, making up a 1:01 deficit from 30K as he ran stride for stride with countryman Girmay Gebru. The duo passed 40K together, and with less than a half-mile to go Burka pulled ahead and went on to win at 2:10:54. It was the eighth straight Houston win for Ethiopia.

Defending champion Birhanu Gedefa was third at 2:11:53, and Kozlowski ended up fifth at 2:14:11. Two-time winner Bazu Worku was sixth.

Weightman ran alone at the front of the women's race until just before the 30K point, where Biruktayit Degefa pushed past her and pulled away to win at 2:26:07. Degefa was third last year after a fourth-place finish in 2014 and she ran the second half of her race in 1:12:20, 1:27 faster than the first 13.1 miles. Her win was the 10th in a row for Ethiopia.

Aramco Houston Half Marathon

Kenya's Mary Wacera ran the fastest-ever women's half marathon on American soil, moving to No. 9 on the all-time world list as she shattered the course record with a 66:29 to win the Aramco Houston Half Marathon.

Wacera, who collected $45,000 for her record-setting win, made a move just after the 15-kilometer mark to take the lead from fellow Kenyan Cynthia Limo. She established a six-second gap over the next 5K and stretched the margin to 12 seconds at the finish. Limo's 66:41 moved her to 11th on the all-time world list. Last year's world marathon champion, Mare Dibaba of Ethiopia, was also faster than the existing course record with a 1:07:55 in third, as was fourth-placer Ruti Aga of Ethiopia, who clocked 68:07. Sara Hall was the top American woman, setting a lifetime best with her 70:07 in fifth.

Lelisa Desisa of Ethiopia ran the third-fastest men's time ever at Houston, winning the Aramco Houston Half Marathon by eight seconds with his 60:37. Mosinet Geremew of Ethiopia was the runner-up at 60:45, and Luke Puskedra took the top U.S. spot in fourth at 61:29.

Forty Three Americans - including seven marathoners and 36 half marathoners- ran faster than the men's and women's Olympic Trials standards of 2:19 and 2:45 respectively in the marathon or 1:05 and 1:15 in the half marathon to qualify to run in the 2016 U.S. Olympic Marathon Trials in Los Angeles.

The second highest number of finishers - 23,299 - in the event's history crossed a common finish line with a record 7,817 in the marathon, 11,079 in the half marathon and 4,403 in the 5K.

With his 4:15:17 finish, 1982 winner Benji Durden became the fourth former winner to have completed 10 or more Houston Marathons. He joined Clent Mericle (35), Dan Green (15) and Christopher Ciamarra (15).

2016 Race Weekend Numbers

Race	Finishers
Marathon	7,817
Half Marathon	11,079
5K	4,403

The registration cap was 27,000, split with 13,500 for the marathon and 13,500 for the half marathon. Switching was allowed, which explains the difference in the results.

Houston Marathon Pace Team 2016

John Yoder, Lee Kerry, Erik Dill, Matt Maples, Lilia Vazquez, Dan Greenberg, Miguel Pena, Wilmer Gaviria, Caroline Chamness, Alonso Vargas, May Shek, Michelle Meyer, Elizabeth Beltis,Pat Bradley, Devin Brown, Sara Ferniza, Kathryn White, German Collazos, Mandy Jellerich, Georgina Walker, Stephen McNeil, Julie McAllister, Hung Nguyen. Ken Fattman, Alan Tillotson, Sean Brennan, Suresh Shah, Felix Lugo, Carlos Reyes Not all in the Picture

Skechers Performance Pace Team

New for 2017, Skechers Performance will sponsor the pace team.

Who leads the Skechers Performance Legacy Pace Team?

The groups are led by the Houston Marathon legacy runners, both men & women, with years of experience running the Chevron Houston Marathon. They'll provide runners with a unique opportunity to interact face-to-face with

Legacy runners as well as to experience the camaraderie of a team. The Legacy team leaders make sure everyone runs at the right pace and has a good time. They'll be each team's personal coach, cheerleader and guru for the day. Some chant, some sing and some may struggle just like you. But all of them are experienced marathoners, who are running Houston to help the members of the team achieve their goal time.

Are we going to go out right on pace?

Some pacers go out a little slower the first part of the race and then run a little faster in the middle of the race and then steady to the end. Others go out just a little faster so as to have some "cushion", just in case people have to slow down at the end. Either way, the idea is to run <u>EVEN</u>. That's what pacing is all about.

Pace Team Goal Times

3:00
3:10
3:20
3:30
3:40
3:50
4:00
4:15
4:30
4:45
5:00
5:15
5:30
5:56

Will we stop at water stations? Will there be walking breaks?

Depends on the pacer. We will be encouraging walking as an important part of the marathon pace team. Most will at least slow down at the water aid stations to make sure everyone gets properly hydrated. Some will stop and walk a few meters. Again, depending on the pacer. Most pacers will take walking breaks. Your pace leader will let you know the plan at the clinics and the team strategy will be reviewed before the start of the race.

Carlos Reyes - Skechers Performance
Legacy Pace Team Coordinator
Call 713-724-7605 for information

Arlen Isham, Co-Chair

2016 Best Pace Team Performances

Best performance is measured by how close the pace team leaders come to hitting their respective finish times.

Kathryn White was the Pace Team Queen by hitting her 4:30:00 goal at 4:29:48. Wilmer Gaviria was the Pace Team King by hitting his 3:30:00 goal at 3:30:00 exactly.
Wilmer Gaviria (3:30:00) and Miguel Pena (3:29:56) were the best team.

21 of the 28 Pacers achieved being within 2:00 under goal. Greenberg, Pena, Gaviria, Ferniza, Brown, and Nguyen did a great job within 5 seconds of their goals. An amazing nine pacers were within 15 seconds of Goal time. 14 of 14 pace goals were achieved by at least one pacer.

2016 Pace Team Stories

John Yoder - 3:00

I paced the 3:00 group with Kerry Lee this year. I wasn't sure if I would even be able to make it this year as I spent 5 months of 2015 fighting plantar fasciitis. I've recovered but lost about 15-20 seconds per mile off my fitness. I knew this year would be a struggle for me. Fortunately, that wasn't the case and I felt great the whole way and was easily able to perform my 6:52 pace duties flawlessly. The weather was perfect and that helped a lot.

The weather was also the reason we were able to carry so many to the finish. I'm estimating we had 50-60 people through the race till about mile 20. The group began to disintegrate after that, however we had maybe 12 that were feeling so great they went ahead and finished well under goal pace. About 12 stuck with the group and finished with us.

Kerry and I finished 14 seconds under 3:00, which I thought might be good enough for pace king, but not this year

with the fantastic weather. Still it was an amazing experience and very rewarding. It's always so nice to hear the "thank you" from the people we've paced and to help them finish in a PR. Makes the pain of a marathon totally worth it. Sign me up for next year!

Kerry Lee - 3:00

The 3:00 group was very large and determined this year. At mile 10, I had stopped to use the port-o-can and as I caught back up to our group there had to be between 50 and 70 folks still tightly packed in. The cool weather seemed to help everyone stay on pace and focused on the goal. Even by the time we reached the 30k point, we still had over 30 folks making up our group and several others had already gone ahead of us to dip a little deeper into the 2:50s. Overall, this year was fairly uneventful, which is good as it seems lots of folks had races that went to plan. At the finish line there was no fewer than 10 folks who came up to John and me and thanked us for getting them to their sub 3:00 goal. It was great to have so many successes this year.

**Miguel Pena - 3:30
Team Winner**

I had been working up nasty shin splint coming into the race and hadn't run since

Tuesday before the race because of pain. A smart person would have apologized, dropped out and rested. But momma didn't raise no smarty. I had to defend my pacer title for goodness sake. So I loaded up on Advil and fed off the responsibility at hand, of hitting splits and getting my folks to the finish line. I also had to teach my newbie pacing partner Wilmer how to crush the other pace teams. The weather was exactly what you hope for when you say your little runner prayers leading up to race day.

We got on pace quick and stuck to it like superglue. We had a great group of hopefuls and the conversation was light and easy for the 20 mile warmup. We did lose a few coming down memorial and we poured a little Michelob Ultra on the curb for them. By then the speedys also flew the coop to get their sub 3:30 times. Coming down the stretch we had a great determined group fighting off fatigue and Wilmer and I kept encouraging them keep it up. Once we got downtown, we put the pressure on them to drop us, since we knew we would be right at 3:30. It was fun to watch them all go hard to beat us in the end. Hugs, photos and hi-fives abounded. And the icing on the race was winning pacer team and Wilmer winning pacer king. He beat me by 2 measly seconds...students, what are you gonna do? Always trying to show up the teacher. P.S. I've run twice in the month following the marathon due to the shin splint. Listening to the body might have been smart, but not nearly as fun.

Wilmer Gaviria
Pace Team King & Team Winner

May Shek - 3:50

1/17/2016 was a brisk, beautiful day for running. The dynamic duo, May and Michelle managed to hold the 3:50 signs proudly at both the A and B corrals. The two pace team leaders along with a group of enthused runners joined up shortly after the release of the B Corral and embarked on the marathon journey as they crossed the start line together. It was quite an impressive sight to be running with sea of runners for almost the entire course of the marathon.

Mile after mile, the pace team kept a steady and consistent pace, vigilantly monitoring the watch and the mile markers to rein back our eager legs to speed up. The crowd and volunteers were amazing. Constantly encouraging us and offering oranges and tissues along the way. Our pace team was in good spirit. As we bid goodbye to half marathoners after mile 7, the 3:50 marathoners charged on. After conquering "Mount Westpark," we crossed halfway timing mat with a half split time of 1:55:01. Fueled by our excitement, and the crowd support, the team continued on and mastering the lonely and quiet sections of Chimney Rock. A sigh of relief was uttered, as we crossed 610 and entered Memorial Park.

"Just like every Sunday" I whispered to one of the runners. We could see the determination on our runners' faces as we continued through the difficult later miles as we pick up more runners along Allen Parkway. Everyone was all smiles once we saw the beautiful mile 25 marker and headed towards downtown. The last mile seemed like a blur. Within seconds, we crossed the finish line. It was an incredibly different feeling of accomplishment. To top it off, one of our runners, Jill, who had managed to stay with us informed us that she has

achieved her personal best. As we
walked through the finisher area, another
runner came up to us to inform us that
she has just qualified for Boston. The
next few minutes included tears of joy
and tons of hugs. We came, we ran, we
hit our goal.

Devin Brown - 4:15

The weather was just about perfect for running this year. Sara and I had an easy time
holding the pace early on due to the roads not really being all that crowded, which doesn't
make sense with 27,000 runners, but it happened. We pretty quickly built up about a
minute of time ahead of our pace and then held pretty steady from that point onward. The
cool temperatures meant the running didn't take as much of a toll on us and we cruised
through mile 20 without any trouble. Once we got on Allen Parkway, we cashed in that
time buffer on the two underpasses and made the final stretch to downtown without issue,
crossing the line a second slower than our goal time, but pushing our runners ahead of us
in the process. Our group was small and fluctuated during the run. Some runners fell off
and we picked up a few overzealous 4:00 runners who felt the burn late in the race.

The temperature stayed cool and I was able to hold my pace without really raising my
effort even after mile 20. We charged through downtown looking at our watches to make
sure we landed on time and we did, within a second.

Sara Ferniza - 4:15

My Chevron Houston Marathon experience was very positive. We had about 30 runners in our pack most of the race, there were several first time marathoners and the rest were more experienced. There were quite a few out of town runners from Chicago, NYC & Austin.

I checked in with the runners in my group on a regular basis, they kept asking me if we were on pace and I assured them that we were and ahead of pace by 30 seconds for most of the race. We also slowed down a bit at the water stops and made sure they got water & Gatorade. At around mile 25.5 we let the runners peel off and finish ahead of us. Everyone seemed in good spirits and the beautiful sunny cool weather cooperated with such a great finish.

I look forward to the opportunity to pace again next year, I truly enjoy motivating and helping others achieve their marathon goals.

Kathryn White - 4:30
Pace Team Queen

I had a great group with several people who had followed me from years past and a substantially large sized group. We started out pretty slow due to crowds through half turn off. I think that helped keep the group intact and big. The half split was a bit faster than I like, but I blame the northeast wind and well, me. Construction presented some challenges with unexpected slowdowns due to lane narrowing. It was good to have run and paced it previously because patience was easy and a virtue. I do not ever remember having such a large group through Allen Parkway; credit weather. Finished relatively on time to hugs of those that finished ahead of me. Job done!

Alan Tillitson - 5:30

What a great experience I had pacing for the Chevron Houston Marathon! This was my first time to be a pacer. My co-pacer was Sean Brennan, an experienced pace leader that helped us stay on track the entire course. We gathered a group of about 25-30 runners and engaged them at every opportunity. I hope to be on the Pace Team for 2017 as well.

**Steve McNeil & Julie McAllister -
5:15 Pace Group**

Felix Lugo - 5:56

I wish to thank you for your consideration and asking me to be a pacer. While this was not my intent while preparing for this marathon it was an honor to do so. I also want to thank you for pairing me up with such a great co-pacer, Mr. Suresh. As we were moving along he keep us on proper splits by letting us know to the second the plus / minus of how far or behind we were on time. While I kept the pace and the intervals, I honestly believe that it was his keeping time at the splits that allowed us to finish at 5:55:15 . What a great running partner.

As we prepared for the start we had many ask what our intervals were and what pace we would keep. After our explanation we started our group with about 30 or so runners. We kept an even pace as we moved along.

At the half marathon/marathon split, we lost about 10 or so of our group to the half marathon. We were still about 15 or so strong. We did pretty good maintaining this group through the 17th mile. As the day got warmer some of our group were struggling, but at this point, we slowed the pace a little and they were able to maintain.

Interestingly enough as we moved into the final 3 miles along Allen Parkway, we still had a core group of about 10 runners. And then the "stay ahead of the 6:00 hour pacers" phenomenon kicked in. Throughout the course I would give a 5 second countdown to begin either the walk or run part of our intervals. As we moved along Allen Parkway, we noticed that while we had our core group the masses in front of us would walk and run at each of our countdowns. This was a most awesome sight as many used us to stay on goal.

Our 5:56 group was by far the most awesome group; that I have run with. It was a big and positive group. My co-pacer was awesome. I could not have asked for a better person. In total it was a very rewarding and positive experience.

Marathon Legacy Perks

1) Legacy runners receive a special runner's bib. In order to receive the bib, runners must be registered by November 1!

2) Legacy runners are allowed to register through Nov. 1 for the 2017 race, instead of being shut out when the cap is reached.

3) Legacy runners with thirty or more completed marathons will receive a complimentary entry to all future marathons.

4) Legacy runners with twenty-five completed Houston marathons at the end of the 2016 race will receive a complimentary entry to the 2017 race.

5) The longest serving, active male and female Legacy runners will be granted Elite status for the following race.

6) Once a Legacy runner completes their 25th race, their 26th entry is complimentary.

Legacy runners will continue to order a complimentary long sleeved Legacy shirt with stripes representing their respective anniversary years, 10, 15, 20, 25, 30, 35, & 40 after they achieve the anniversary years immediately after the Houston Marathon on the website.

Legacy runners can order their respective long sleeved shirts or golf shirts by filling out the order form available on the Chevron Houston Marathon website.

Look on the Chevron Houston Marathon website to see the newly added Half Marathon Legacy program. Susan Sternberg will be helping with that program.

Orders can be placed January 16 - March 1, 2017.

Legacy Runner Updates

Terry Fanning - For the second time in 30 years, I did not line up to run the Chevron Houston Marathon. It was discouraging to not participate as a runner but I was still able to take part in the marathon as a volunteer. I was a bike escort for a hand cyclist. Hand cyclists have pretty much replaced wheelchair athletes. The difference, of course, is the vehicle. Hand cycles have three wheels that are propelled by a chain and sprocket set-up similar to a bicycle, including gears, a derailleur and pedals that are pushed by hand. There were 20 hand cyclists registered. The marathon asked for volunteers to escort each hand cyclist to provide assistance if/when necessary.

The athlete that I escorted was Scott Porter. He finished in 7th place, but didn't seem too concerned about his position. His time was 2:30:27. This was Scott's third marathon this year (and it was January 17). He is planning to do 63 marathons this year, including all 50 states. Scott ran five marathons before he lost the use of the bottom half of his body due to a spinal cord injury. He knew that he had to stay active - because that is the way he is.

He had an equipment issue on the uphill of the Westpark overpass. His derailleur broke. I helped while he fixed it, getting his tool kit from behind him and holding his wheel while he worked on it. He was passed by another competitor but was so into his repair that he didn't notice it. For the next few miles he had a noise and some difficulty going forward but couldn't figure it out. On Tanglewood he did something and suddenly the noise was gone and he was back to full speed. He had forgotten to take his parking brake off.

Scott is quite an independent person. If I had not been there to assist him, he could have done it completely by himself, just a little slower. A few miles later he passed the guy who had passed him. He never seemed to struggle and when I asked if his arms were tiring while on Allen Parkway, he admitted that they were a little. I had to ask, as he never gave any indication that he was hurting in any way.

Scott is an inspirational man. He is certainly driven, determined to make the most of his situation.

Not being able to run the marathon was hard for me and I wondered how I would handle it. Scott gave me a perspective that I needed. My temporary problem is just that - temporary. My plan is to run the marathon next year, but if I can't I would love to do this again.

Arlen Isham - After running 36 consecutive ChevronHouston Marathons, I missed both the 2015 and 2016 races. I did run my 100th marathon at the 2016 Woodlands Marathon and am expecting to start another string at the 2017 Chevron Houston Marathon.

Robert Koester - I'm no longer running due to an uncooperative knee, but my twin brother and I bike 260 miles across Missouri each year to try to keep in some kind of shape. However, I believe biking mainly keeps the sitting part of one's body in constant distress!

Lou Kneeshaw - In 2015, I completed the 50 states sub 4. January 17, 2016 was my 17th Houston Marathon.

**Adam Am
ir Metry** - of Houston, Texas, age 48, went to be with our Lord and Savior on Thursday, the 10th of December 2015, after a brief but courageous battle with esophageal cancer.

One of Adam's greatest passions was running, and when he first moved to Houston he joined the Houston Hash House Harriers and began both trail and marathon running. Over the years he became a familiar face at other running clubs, including the Bayou City Road Runners and more recently the

Kenyan Way. Adam was a Legacy runner for the Houston marathon, having run the event 21 times. One of his proudest running accomplishments was qualifying for and then running the Boston Marathon in 2015. At the Expo, our Legacy runners signed a long sleeved legacy shirt, which was sent to his wife.

2016 EXPO

Special thanks to the Legacy Runners & Pacers who help with the Legacy/Pace Team Booth at the Expo each year.

Amazing banner with history of Marathon Legacy Runners, active on the left side and inactive, middle to right. Our thanks to the Houston Marathon Committee for the banners.

2016 Skechers Performance Pace Team Banner

2016 Skechers Performance Pace Team Leaders Information

2016 Houston Marathon Legacy Medals
Legacy runners who placed in the top three in their respective age groups

Name	Gender	Age	Chip Time	Age Group Place
Carole Uttecht	F	60	3:48:38	1
Sally Sims	F	72	5:08:58	1
Lilia Vazquez	F	52	3:20:52	1
Robert Hoekman	M	74	3:46:41	1
Gunnar Sanden	M	75	4:11:50	1
Jim Braden	M	80	4:52:50	2
Caroline Burum	F	50	3:22:31	2
Brenda Hilton	F	68	4:39:59	2
David Park	M	65	3:43:18	2
Ute Eisele	F	72	5:09:12	2
Larry Lindeen	M	75	4:35:59	2
Suzy Seeley	F	56	3:29:36	2
Dan Shuff	M	80	5:39:50	3
William Hall	M	78	5:32:46	3
Yong Collins	F	61	4:05:07	3
Francisco Garza	M	50	2:53:10	3
Melissa Hurta-Crites	F	52	3:24:45	3
Ben Harvie	M	69	3:43:59	3

Top Female Legacy Runners in the 2016 Marathon

Age	Gender	Name	Time	# of LGCY in this AG	# Finishes
32	F	Elaine Ver Halen	4:03:47	1	13
35	F	Meredith Macnaughton	3:52:54	1	10
36	F	Rebecca Martinez	5:23:46	1	11
37	F	Robyn Wolverton	5:47:44	1	12
38	F	Tricia Hernandez	3:20:37	4	11
40	F	Laura Aguilar-Ramirez	3:36:23	5	11
41	F	Michelle Meyer	3:50:41	8	11
42	F	Doan Pham	3:31:34	3	10
43	F	Marisa Maxey	3:55:31	6	11
44	F	Rochelle Ray	3:34:51	5	13
45	F	Holly Stewart	3:31:22	7	19
46	F	Lisa Gonzalez	3:42:39	4	13
47	F	Elizabeth Fluker	3:48:11	4	10
48	F	Michelle McGill	3:41:53	11	10
49	F	Vicki Melnick	3:26:37	12	11
50	F	Caroline Burum	3:22:31	9	17
51	F	Annie Hadow	4:02:08	7	19
52	F	Lilia Vazquez	3:20:52	11	11

53	F	Frances McKissick	3:34:42	12	13
54	F	Barbara Stoll	3:25:30	7	19
55	F	Kathleen Kress Hanson	5:07:52	2	19
56	F	Suzy Seeley	3:29:36	9	22
57	F	Joanne Ripple	3:54:39	3	12
58	F	Rhonda Emerson	4:09:58	7	18
59	F	Margaret Halsey	4:04:22	8	18
60	F	Carole Uttecht	3:48:38	4	21
61	F	Yong Collins	4:05:07	2	17
62	F	Rosi Benitez	4:07:31	2	13
63	F	Cathy Beavers	4:51:58	3	18
64	F	Kathryn Vidal	5:31:38	1	20
65	F	Elaine Bobigian	4:46:52	3	20
68	F	Brenda Hilton	4:39:59	1	13
72	F	Sally Sims	5:08:58	2	15

Top Male Legacy Runners in the 2016 Marathon

Age	Gender	Name	Time	# of LGCY in this AG	# Finishes
26	M	Raymond Tam	4:57:42	1	11
29	M	Timothy Feges	5:49:09	1	12
30	M	Joe Schwieterman	3:19:56	1	12
31	M	Peter Vu	5:59:10	1	11
32	M	Nicholas Tofilon	4:13:02	2	11
33	M	Chris St Jean	4:16:56	1	13
34	M	Brad Hunt	2:52:31	3	10
35	M	Kurt Ramsauer	3:42:10	3	10
36	M	Claudio Rodriguez	3:02:33	5	12
37	M	Daniel Brueggert	4:51:40	3	10
38	M	Jonathan Phillips	3:31:59	3	12
39	M	Jose Oviedo	2:54:02	4	13
40	M	James Grace	5:13:25	2	10
41	M	Michael Defee	2:35:04	3	13
42	M	Stephen Baumgartner	3:06:26	5	16
43	M	Ly Phan	3:27:51	2	10
44	M	Peter Lawrence	2:42:02	12	18
45	M	Ricky Mitchell	3:30:24	8	10
46	M	Alexander Valdez	2:58:30	7	18
47	M	Matthew Padon	3:09:20	13	23
48	M	Garrett Rychlik	2:54:58	15	16

49	M	John Spiller	3:11:46	18	12
50	M	Francisco Garza	2:53:10	13	14
51	M	Bernie Babinat	3:17:53	16	18
52	M	David Nemoto	3:23:18	15	13
53	M	Angus Gillespie	3:20:11	14	10
54	M	Agapito Gaytan	3:12:52	27	15
55	M	Thomas Rodgers	3:27:20	15	10
56	M	Gerald Waltman	3:20:03	23	11
57	M	Grant Bue	3:28:11	16	13
58	M	Rich Fredrich	3:13:17	19	26
59	M	Reggie Bruhn	3:50:47	24	11
60	M	Ben Sopchak	3:43:24	19	18
61	M	Glenn Heumann	4:29:48	13	24
62	M	Francisco Balbuena	3:50:41	18	12
63	M	William Schneider	4:04:33	12	26
64	M	Victor Aguirre	4:02:03	10	20
65	M	David Park	3:43:18	9	12
66	M	Andrew Chow	3:59:04	9	16
67	M	Roger Boak	4:02:06	10	33
68	M	Rudolph Rendon	4:35:39	3	32
69	M	Ben Harvie	3:43:59	9	13
70	M	Manuel Gonzalez	4:33:37	3	32
71	M	R Don Ruggles	5:23:40	2	26
74	M	Robert Hoekman	3:46:41	2	28
75	M	Gunnar Sanden	4:11:50	2	25
78	M	William Hall	5:32:46	1	18
79	M	Boris Balic	5:50:48	1	34
80	M	Jim Braden	4:52:50	2	20

New Milestones for Legacy Runners

2016 Houston Marathon	Sex	Age	# Houston	First Year
New 35 Year Legacy				
Charlie Viers	M	74	35	1977
Lonnie Brauner	M	69	35	1980
New 30 Year Legacy				
Brian Jenison	M	56	30	1987
Charles Moore	M	61	30	1981
Don Padilla	M	66	30	1982
Larry McPhillips	M	64	30	1986
Paul Roche	M	67	30	1983
Robert McDowell	M	65	30	1986
New 25 Year Legacy				

Bob Kirkpatrick	M	54	25	1992
Carlos Reyes	M	52	25	1991
Gregg Felts	M	60	25	1991
Gunnar Sanden	M	75	25	1981
Jesus Pequeno	M	48	25	1990
John Colico	M	56	25	1991
Michael Danke	M	47	25	1990
Ralph Rohena	M	63	25	1992
Terry Green	M	61	25	1992
Tosone Harbin	M	67	25	1986
New 20 Year Legacy				
Benjamin Mayer	M	48	20	1995
Brad Moore	M	47	20	1997
Carl Richard	M	58	20	1994
Dan Shuff	M	80	20	1994
David Martinez	M	49	20	1986
David Work	M	53	20	1995
Elaine Bobigian	F	65	20	1985
Estella Tam	F	59	20	1997
Freddy Queen	M	67	20	1992
Harry Sokolow	M	59	20	1996
Jim Braden	M	80	20	1985
John Henneman	M	60	20	1996
Jonathan Tydlacka	M	35	20	1997
Kathryn Vidal	F	64	20	1995
Laurens Pickard	M	70	20	1997
Macey Contreras	M	59	20	1988
Marty Appelbaum	M	53	20	1992
Michael Luna	M	55	20	1995
Michael Root	M	53	20	1997
Nancy Wangen	F	59	20	1997
Nicolas Meza	M	64	20	1997
Steve Shepard	M	60	20	1994
Timothy Nielsen	M	49	20	1997
Victor Aguirre	M	64	20	1993

2016 Houston Top 20 Legacy Marathon Times

	Name	Gender	Age	Gun Time	Chip Time
1	Michael Defee	M	41	2:35:07	2:35:04
2	Peter Lawrence	M	44	2:42:05	2:42:02
3	Brad Hunt	M	34	2:52:44	2:52:31
4	Francisco Garza	M	50	2:53:14	2:53:10

5	Jose Oviedo	M	39	2:54:06	2:54:02
6	Garrett Rychlik	M	48	2:55:12	2:54:58
7	Alexander Valdez	M	46	2:58:38	2:58:30
8	Manfred Roenz	M	46	2:58:59	2:58:50
9	John Yoder	M	44	3:00:00	2:59:46
10	Claudio Rodriguez	M	36	3:03:08	3:02:33
11	Stephen Baumgartner	M	42	3:06:47	3:06:26
12	Steve Schroeder	M	50	3:09:32	3:09:18
13	Matthew Padon	M	47	3:09:40	3:09:20
14	John Spiller	M	49	3:12:21	3:11:46
15	Agapito Gaytan	M	54	3:13:06	3:12:52
16	Rich Fredrich	M	58	3:13:31	3:13:17
17	Jose Reyes	M	49	3:15:37	3:14:16
18	Eric Stotzer	M	48	3:19:02	3:17:35
19	Bernie Babinat	M	51	3:19:02	3:17:53
20	Peter Schipperijn	M	54	3:20:20	3:18:01

	Name	Gender	Age	GunTime	ChipTime
1	Tricia Hernandez	F	38	3:20:54	3:20:37
2	Lilia Vazquez	F	52	3:22:29	3:20:52
3	Caroline Burum	F	50	3:24:08	3:22:31
4	Melissa Hurta-Crites	F	52	3:24:48	3:24:45
5	Barbara Stoll	F	54	3:25:37	3:25:30
6	Vicki Melnick	F	49	3:28:45	3:26:37
7	Suzy Seeley	F	56	3:29:41	3:29:36
8	Holly Stewart	F	45	3:34:38	3:31:22
9	Doan Pham	F	42	3:32:40	3:31:34
10	Frances McKissick	F	53	3:37:54	3:34:42
11	Rochelle Ray	F	44	3:35:19	3:34:51
12	Laura Aguilar-Ramirez	F	40	3:39:31	3:36:23
13	Cheri Payne	F	44	3:40:23	3:38:16
14	Caroline Chamness	F	50	3:42:19	3:39:13
15	Michelle McGill	F	48	3:46:11	3:41:53
16	Nancy Winchester	F	48	3:45:29	3:42:07
17	Lisa Gonzalez	F	46	3:45:35	3:42:39
18	Maribel Aguilar	F	40	4:14:57	3:46:42
19	Elizabeth Fluker	F	47	3:52:08	3:48:11
20	Carole Uttecht	F	60	3:48:45	3:48:38

Legacy Runner Statistics

Legacy Marathon Information

There are 586 active Legacy runners, 175 of them are streaking.

The average age of active Legacy is 53.5. There are 1074 inactive Legacy runners.

The average number of completed Houston Marathons for active Legacy is 15.4. 166 Legacy women and 420 Legacy men finished the 2016 Chevron Houston Marathon. The average PR for an active Legacy runner is 3:43:27.

There are 121 active Legacy with 20+ finishes, 40 of them streaking.

There are 15 active 70+ year old Legacy runners. They are listed below:

Name	# of Finishes	Age
Boris Balic	34	79
Charlie Viers	35	74
Dan Shuff	20	80
Gunnar Sanden	25	75
Jim Braden	20	80
Kerry Walsh	11	70
Larry Lindeen	24	75
Laurens Pickard	20	70
Manuel Gonzalez	32	70
R Don Ruggles	26	71
Robert Hoekman	28	74
Sally Sims	15	72
Suresh Shah	12	71
Ute Eisele	11	72
William Hall	18	78

Legacy Half Marathon Information

There are 102 active Legacy runners, 23 of them are streaking.

The average age of active Legacy is 57.3. There are 32 inactive Legacy runners.

The average number of completed Houston Half Marathons for active Legacy is 11.4. 57 Legacy women and 45 Legacy men finished the 2016 Houston Half Marathon. The average PR for an active Legacy runner is 2:11:31.

There are 121 active Legacy with 10+ finishes, 40 of them streaking. There are 9 active 70+ year old Legacy runners. They are listed below:

Name	# of Finishes	Age
Gordon Schott	10	72
Hans Mayer	12	80
Mark Hemmen	12	70
Michael Chicka	14	71
Nathaniel Collins	15	79
Olivia Brown	13	70
Paul Wetherold	11	73
Sesh Bala	13	71
Thomas Herren	10	74

Double Legacy Runners

Name	Half Marathon	Marathon
Nathaniel Collins	15	10
Joann Luco	12	10
Julie Rutledge	10	10
Thomas Herren	10	10

My thanks to Dalton Pulsipher for results.

Fastest Legacy Runners Based on Number of Officially Completed Houston Marathons

Chip Time was used for all rankings					
Grouping	Gender	Name	# Finishes	Age	Chip Time
Over 35	M	Jack Lippincott	42	69	5:24:02
Over 35	F	NA			
35	M	Lonnie Brauner	35	69	4:35:54
35	F	NA			
Over 30	M	Roger Boak	33	67	4:02:06
Over 30	F	Susan Rouse	31	57	4:02:10
30	M	Robert McDowell	30	65	3:54:45
30	F	NA			
Over 25	M	Rich Fredrich	26	58	3:13:17
Over 25	F	NA			
25	M	Gunnar Sanden	25	75	4:11:50
25	F	NA			
20	M	Michael Root	20	53	3:29:21
20	F	Elaine Bobigian	20	65	4:46:52
15	M	Agapito Gaytan	15	54	3:12:52
15	F	Leslie Coleman	15	56	4:10:41
10	M	Brad Hunt	10	34	2:52:31
10	F	Doan Pham	10	42	3:31:34

2016 Houston Half Marathon Legacy Medals
Legacy runners who placed in the top three in their respective age groups

Name	Gender	Age	Chip Time	Age Group Place
Sally King	F	67	2:01:24	1
Pete Alberts	M	81	2:39:07	1
Ray Boytim	M	83	2:56:15	2
Michael Chicka	M	71	1:52:09	2
Luis Armenteros	M	43	1:12:21	2
Andrew Sharenson	M	45	1:21:54	2
Ann Wacker	F	57	1:41:31	3

2016 Houston Top 20 Legacy Half Marathon Times

	Name	Gender	Age	Gun Time	Chip Time
1	Luis Armenteros	M	43	1:12:22	1:12:21
2	Walter Won	M	44	1:37:24	1:35:40
3	Stephen Oneil	M	56	1:36:05	1:35:48
4	Cale Kobza	M	40	1:46:12	1:39:57
5	Paul Erickson	M	51	1:41:58	1:41:34
6	Daniel Hu	M	55	1:42:12	1:41:47
7	Frederick Dwyer	M	55	1:48:56	1:46:21
8	David Epperson	M	53	1:50:40	1:47:42
9	Scott Zarley	M	56	1:51:57	1:49:35
10	Douglas Kelly	M	52	2:00:36	1:50:35
11	Mark Wege	M	53	1:53:45	1:51:39
12	Michael Chicka	M	71	1:52:52	1:52:09
13	Michael Kerley	M	63	1:55:43	1:54:15
14	Mark Whittemore	M	54	1:59:07	1:58:08
15	Patrick Goemans	M	39	2:05:47	1:59:13
16	Michael Bridgehouse	M	51	2:01:28	2:01:03
17	Rusty Lacy	M	52	2:19:41	2:04:14
18	Jesus Jijon	M	59	2:09:42	2:04:40
19	Ned Graber	M	64	2:16:53	2:08:00

| 20 | John Polisini | M | 62 | 2:12:58 | 2:08:07 |

	Name	Gender	Age	Gun Time	Chip Time
1	Ann Wacker	F	57	1:43:20	1:41:31
2	Lisa Berman	F	51	1:46:14	1:44:19
3	Robin Holcomb	F	49	1:55:47	1:53:40
4	Joann Peeks	F	64	2:03:23	1:54:36
5	Julie Rutledge	F	61	1:55:43	1:55:02
6	Susan Scarrow	F	53	2:07:27	1:55:10
7	Debra Sukin	F	45	2:07:35	1:55:51
8	Sharon Newquist	F	54	2:01:28	2:01:03
9	Sandra Aguilar	F	36	2:11:52	2:01:22
10	Sally King	F	67	2:12:16	2:01:24
11	Joslynn Newton	F	58	2:19:16	2:02:25
12	Laura Kohlmaier	F	48	2:10:49	2:03:51
13	Lorri Wolff	F	50	2:14:57	2:05:50
14	Gail Edmonson	F	53	2:26:58	2:06:54
15	Pamela Holmes	F	57	2:23:32	2:13:07
16	Fran Blanton	F	56	2:31:08	2:13:35
17	Ginny Willis	F	46	2:22:33	2:14:21
18	Julie Krampitz	F	43	2:20:13	2:14:22
19	Jennifer Nitschmann	F	55	2:38:37	2:14:45
20	Janae Evans	F	48	2:34:02	2:18:45

Top Female Legacy Runners in the 2016 Half Marathon

Age	Gender	Name	Time	# of LGCY in this AG	# Finishes
34	F	Angela Hemmen	2:39:45	1	12

36	F	Sandra Aguilar	2:01:22	1	10
43	F	Julie Krampitz	2:14:22	2	12
44	F	Catalina Garcia	3:01:13	1	10
45	F	Debra Sukin	1:55:51	2	10
46	F	Ginny Willis	2:14:21	1	10
48	F	Laura Kohlmaier	2:03:51	3	11
49	F	Robin Holcomb	1:53:40	2	10
50	F	Lorri Wolff	2:05:50	2	10
51	F	Lisa Berman	1:44:19	1	12
53	F	Susan Scarrow	1:55:10	3	12
54	F	Sharon Newquist	2:01:03	2	14
55	F	Jennifer Nitschmann	2:14:45	1	10
56	F	Fran Blanton	2:13:35	3	10
57	F	Ann Wacker	1:41:31	6	13
58	F	Joslynn Newton	2:02:25	4	11
59	F	Anne Court	2:46:45	1	12
60	F	Julie Baucum	2:32:06	3	11
61	F	Julie Rutledge	1:55:02	4	10
62	F	Susan Sternberg	2:30:57	2	12
64	F	Joann Peeks	1:54:36	3	10
65	F	Sophie Rydin	2:29:04	1	10
66	F	Lena Adams	3:14:02	2	11
67	F	Sally King	2:01:24	1	13
68	F	Diane Bell	2:40:55	2	13
69	F	Lynn Detrick	2:35:51	2	10
70	F	Olivia Brown	3:18:39	1	13

Top Male Legacy Runners in the 2016 Half Marathon

Age	Gender	Name	Time	# of LGCY in this AG	# Finishes
39	M	Patrick Goemans	1:59:13	1	10
40	M	Cale Kobza	1:39:57	2	10
43	M	Luis Armenteros	1:12:21	1	11
44	M	Walter Won	1:35:40	1	11
45	M	Michael Lacy	3:42:13	1	12
48	M	Alan Hopkins	2:10:08	1	13
50	M	Sean Cochran	3:21:09	1	12
51	M	Paul Erickson	1:41:34	2	12
52	M	Douglas Kelly	1:50:35	2	12
53	M	David Epperson	1:47:42	3	11
54	M	Mark Whittemore	1:58:08	1	11
55	M	Daniel Hu	1:41:47	3	11
56	M	Stephen Oneil	1:35:48	2	13
57	M	Al Garcia	2:11:40	1	10
58	M	Keith Cox	3:32:33	1	11
59	M	Jesus Jijon	2:04:40	2	10
60	M	Sonny Mims	2:50:26	1	12
61	M	John Beath	2:31:49	1	10
62	M	John Polisini	2:08:07	2	13
63	M	Michael Kerley	1:54:15	2	11
64	M	Ned Graber	2:08:00	2	10
69	M	Robert Kiber	2:21:03	4	12
70	M	Mark Hemmen	2:39:45	1	12
71	M	Michael Chicka	1:52:09	2	14
72	M	Gordon Schott	2:57:22	1	10
73	M	Paul Wetherold	2:43:40	1	11
74	M	Thomas Herren	2:44:39	1	10

| 79 | M | Nathaniel Collins | 3:25:13 | 1 | 15 |
| 80 | M | Hans Mayer | 3:39:10 | 1 | 12 |

Houston Marathon History, Event Statistics

Year	Sex	# Finishers	Avg Guntime
1972	F	1	5:11:55
1973	F	2	4:43:11
1975	F	4	3:51:02
1976	F	10	4:04:31
1977	F	22	3:58:33
1978	F	32	4:01:59
1979	F	123	4:04:13
1980	F	155	4:05:04
1981	F	153	4:03:19
1982	F	226	4:01:29
1983	F	249	3:57:31
1984	F	276	3:59:40
1985	F	297	3:59:04
1986	F	392	4:02:02
1987	F	444	4:01:02
1988	F	516	4:04:13
1989	F	538	4:00:33
1990	F	604	4:06:51
1991	F	716	4:10:07
1992	F	735	4:10:56
1993	F	734	4:08:57
1994	F	819	4:13:12
1995	F	1009	4:11:20
1996	F	1141	4:14:24

1997	F	1245	4:31:12
1998	F	1351	4:31:26
1999	F	1356	4:34:49
2000	F	1542	4:38:32
2001	F	1252	4:36:10
2002	F	1495	4:40:28
2003	F	1596	4:45:21
2004	F	1836	4:47:30
2005	F	2011	4:45:08
2006	F	1991	4:45:20
2007	F	2012	4:45:18
2008	F	2055	4:41:50
2009	F	1868	4:44:29
2010	F	2376	4:42:42
2011	F	2536	4:45:38
2012	F	2790	4:44:11
2013	F	2495	4:49:14
2014	F	2586	4:50:26
2015	F	2719	4:53:44
2016	F	3031	4:51:32

Year	Sex	# Finishers	Avg Guntime
1972	M	72	3:34:24
1973	M	56	3:40:57
1975	M	71	3:24:15
1976	M	142	3:25:32
1977	M	275	3:33:00
1978	M	541	3:33:13
1979	M	1074	3:36:11

1980	M	1312	3:33:21
1981	M	1383	3:35:28
1982	M	1635	3:35:27
1983	M	1811	3:35:23
1984	M	1817	3:38:56
1985	M	1583	3:39:27
1986	M	2228	3:44:60
1987	M	2405	3:44:08
1988	M	2557	3:50:54
1989	M	2657	3:44:36
1990	M	2633	3:49:55
1991	M	3129	3:54:01
1992	M	3054	3:52:28
1993	M	2791	3:51:01
1994	M	3102	3:55:22
1995	M	3401	3:53:34
1996	M	3204	3:59:51
1997	M	3119	4:12:04
1998	M	3108	4:14:09
1999	M	3013	4:20:00
2000	M	3251	4:23:16
2001	M	2764	4:17:35
2002	M	2900	4:17:11
2003	M	3141	4:18:48
2004	M	3548	4:20:12
2005	M	3701	4:20:42
2006	M	3423	4:20:50
2007	M	3318	4:19:54
2008	M	3511	4:22:25

2009	M	3480	4:24:05
2010	M	3911	4:23:48
2011	M	4313	4:29:34
2012	M	4815	4:23:21
2013	M	4028	4:29:54
2014	M	4358	4:29:35
2015	M	4283	4:32:45
2016	M	4789	4:30:49

<u>Houston Half Marathon Event Stats</u>

Year	Gender	# Finishers	Avg Guntime	Year	Gender		# Finishers	Avg Guntime
Note: 2002 results did not separate Gender; there were 1384 men				2002	M		2673	2:13:19
2003	F	2071	2:28:48	2003	M		1920	2:07:03
2004	F	2661	2:29:55	2004	M		2554	2:08:50
2005	F	3625	2:35:20	2005	M		3105	2:12:08
2006	F	4063	2:36:16	2006	M		3288	2:11:42
2007	F	3937	2:38:55	2007	M		2858	2:16:19
2008	F	4847	2:38:34	2008	M		3379	2:17:05
2009	F	4788	2:38:30	2009	M		3546	2:18:00
2010	F	5732	2:39:46	2010	M		4185	2:20:38
2011	F	5241	2:37:32	2011	M		4090	2:20:54
2012	F	5225	2:35:09	2012	M		4172	2:15:08
2013	F	5609	2:47:11	2013	M		4465	2:26:40

2014	F	6024	2:46:17	2014	M		4475	2:26:11
2015	F	6610	2:52:13	2015	M		5043	2:30:54
2016	F	6331	2:54:38	2016	M		4755	2:31:45

Look for a complete list of active Legacy runners and past Legacy Newsletters on the Houston Marathon website under the Participants, then Legacy Tab.

Take a Look Behind the Scenes

Houston Marathon Warehouse

Warehouse Cleanup Day

40 to 60 volunteers show up on the next Saturday after the marathon to clean, sort and restack marathon supplies for the next year.

Water Station Preparation
Bins for water station supplies and 4 of the box trucks loaded.

Did you know that it takes seven 52-foot trailers to move supplies from the marathon warehouse to the GRB convention center? We use ten 24-foot box trucks to move supplies to the water stations and one 24-foot box truck for the elite water stations.

A Look Back at 2008

January 2008

On race day morning, the 2008 Chevron Houston Marathon set new records in the 36th running.

The combined marathon and half marathon race saw 17,490 registrants.

The marathon sold out by July 7, 2008. Some legacy runners were still surprised and had to work to get into the race.

The marathon started with 5,968 and 5,519 finished. The half marathon started 8,299 and 8,227 finished.

<u>The numbers two and three are significant for the marathon.</u>

Two is for Ethiopian Dire Tune's (2:24:39) second straight win and second time to set a course record. Three is for Kenya's David Cheruiyot's (2:12:31) third win in four years.

John Hill, 40, of Kingwood, won the Men's masters title with a time of 2:40:46.
Tatiana Titova, 42, won the women's masters race in 2:44:58.

James Carney won the half marathon in the third fastest time in the Houston race history with a 1:02:21.

Kate O'Neill, the second place finisher in 2007, won the women's race in 1:11:57.
Sean Wade (1:07:43) and Colleen De Reuck (1:14:55) were masters half marathon winners.

<u>Average 2008 Chevron Houston Marathon Times</u>
The 5,594 runners who finished this month's Chevron Houston Marathon did so in an average finishing time of four hours, 28 minutes and 41 seconds (4:28:41).
Exactly 3,500 males completed the marathon in an average time of 4:21:31 while the 2,094 females did so in an average of 4:40:38.
The traditional 5-year age groups that produced the fastest average times were 20-24 for the women (4:33:09) while it was the 577 men who produced an average finishing time of 4:15:54.
*2008 was the year that Dalton Pulsipher volunteered to put all the Houston Marathon results into a data base using the hard copy results that had been retained by Jack Lippincott. A <u>huge project</u> that now provides the data and history for the Houston Marathon Committee and the websites . Thank you again Dalton and Jack.

2008 was the first year for the Veterans (Legacy) special bibs.

<u>(Legacy) 2008 Veteran Results</u>

<u>Marathon Age group medal results</u>
<u>Men</u>
65-69: Ken Ruane, 1st, 3:19:23
50-54: Rich Fredrich, 1st, 2:54:18
45-49: Kevin Regis, 2nd, 2:51:42
75-79: Dan Allensworth, 3rd, 4:40:10
70-74: Bill Duer, 3rd, 4:20:36
65-69: Larry Lindeen, 3rd, 3:54:35
45-49: Richard Peoples, 3rd, 2:52:08

<u>Women</u>
50-54: Carole Uttecht, 2nd, 3:26:34

<u>2008 Fastest Legacy Marathon runners</u>
Fastest overall male: John Yoder, 2:51:22
2nd Fastest overall male: Kevin Regis, 2:51:47
3rd Fastest overall male: Richard Peoples, 2:52:08

Fastest overall female: Caroline Burum, 3:13:10
2nd Fastest overall female: Kristen Foxley, 3:21:31
3rd Fastest overall female: Suzy Seeley, 3:25:20

Legacy marathon stats in 2008

There were 317 active legacy runners - 107 of them are streaking. The average age of the active legacy runner is 53. There are 370 inactive legacy runners. The average number of completed Houston races for active legacy runners is 17.

There were 9 active 70 + year old legacy runners.

The Pace Team Winners

		Goal	Time	Delta	1 st Half	2 nd Half	Delta Halves	
2008	Monica Kervandjian	4:30	4:29:43	-0:17	2:14:41	2:15:02	+0.21	Queen
	Bob Williams	4:45	4:44:52	-0:08	2:21:58	2:22:54	+0:56	Team
	Stephen McNeil	4:45	4:44:51	-0:09	2:21:55	2:22:56	+1:01	Team

Legacy information in 2008

Houston's Jack Lippincott, 61, ran the marathon for the 34th time, a record, in 4:29:54.

Houston's Margaret Montgomery, 67, ran her 25th, as did Maria Camacho, 52. The two ladies are tied for the women's record for most Houston Marathon runs.

Brett Hervat ran 4:13:00 at the 2007 Sunmart 50K.

Larry Lindeen , 67, won his age group with a 6:08:27 at the 50K.

Suzy Seeley , 48, won her age group with a 4:55:47 at the 50K.

John Yoder ran the 50 mile at Sunmart in 7:27:54.

Ken Ruane placed second in the men's 50 + Fall 2007 Runner of the season top 10.

Steve Boone will be running his 400th marathon at Houston this next year. He's completed a marathon in all 50 states three times and is nearing his 4th completion (he needs 4 more states). He ran his first (1988), 100th (1997), 200th (2002), 300th (2006), and now 400th (2009) marathons all at Houston.

Kathryn White
is planning to run her 100th in May 2009.

A Look at 2017

2017 will again feature a field-size of 27,000 runners for the Chevron Houston Marathon and Aramco Houston Half Marathon. Each race will be capped at 13,500 available entries. The ABB 5K, which will take place on Saturday of race weekend, will be capped at 6,000 participants. Race Weekend will take place January 13-15, 2017.

10,000 entries for the 2017 Chevron Houston Marathon and Aramco Houston Half Marathon sold during early registration. Guaranteed registration was open from May 5, 2016 through May 31, 2016 and open registration began on June 1, 2016. Legacy runners can register until November 1, 2016.

Check out the Houston Marathon Legacy website
http://www.houstonresults.com/legacyrunners

INFORMATION CHANGES

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